

Table 1. Northeastern U.S., Mid-Atlantic States Native Plant Recommendations

Common Name	Latin Name	Soil Type	Sunlight	Height & Growth	Comments
TREES					
American Elm	<i>Ulmus americana 'Princeton'</i>	Average	Full sun	100 ft., rapid	New cultivar resistant to Dutch Elm disease.
American Holly	<i>Ilex opaca</i>	Average	Full sun-pt. shade	30 ft, slow	Evergreen. Need male & female for red berries.
American Hornbeam	<i>Carpinus caroliniana</i>	Average-moist	Full sun-pt. shade	30 ft., slow	Can't tolerate drought, nice small shade tree.
Bald Cypress	<i>Taxodium distichum</i>	Dry-moist	Full sun	100 ft., rapid	Thrives in wet or dry soils, conifer sheds needles in fall.
Eastern Red Cedar	<i>Juniperus virginiana</i>	Average	Sun-pt. shade	40-60 Ft, slow	Evergreen. Resistant to drought.
Eastern Red Oak	<i>Quercus rubra</i>	Average-moist	Full sun-pt. shade	80 ft., moderate	Tolerates pollution, fall foliage.
Eastern Redbud	<i>Cercis canadensis</i>	Average	Sun-pt. shade	30 ft., moderate	Magenta flowers in early spring; drought resistant.
Eastern White Pine	<i>Pinus strobus</i>	Average	Sun-pt. shade	100 Ft, rapid	Evergreen.
Flowering dogwood	<i>Cornus florida</i>	Average	Pt. Sun-shade	30 Ft., moderate	White flowers in spring; fall foliage.
Pawpaw	<i>Asimina triloba</i>	Average	Sun-pt. shade	25 ft., slow	Flavorful, edible fruit in fall; need two for pollination.
Pin Oak	<i>Quercus palustris</i>	Acid, avg-moist	Full sun-pt. sun	70-90 ft., rapid	Easy keeper, roots won't buckle paving; produces acorns.
Red Maple	<i>Acer rubrum</i>	Dry-moist	Sun-pt. shade	40-60 ft., rapid	Red fall foliage, easy keeper.
River Birch	<i>Betula nigra</i>	Average-moist	Full sun-pt. sun	40-60 ft., rapid	Peeling bark adds interest, does well in soggy areas.
Sugar Maple	<i>Acer saccharum</i>	Average-moist	Sun-pt. shade	60-70 ft., slow	Good shade tree, bright fall foliage.
SHRUBS					
Bearberry	<i>Arctostaphylos uva-ursi</i>	Dry - average	Sun-shade	6-12"	Evergreen low growing shrub, red berries.
Highbush blueberry	<i>Vaccinium corymbosum</i>	Acid, moist	Full sun-pt. shade	6-12'	Excellent fall color, edible fruit.
Hollyleaved Barberry	<i>Mahonia aquifolium</i>	Average	Sun-pt. shade	8 ft., moderate	Evergreen. Drought tolerant.
Inkberry Holly	<i>Ilex glabra</i>	Acid, moist	Full sun-pt. shade	4-8'	Evergreen, small black berries.
Mountain Laurel	<i>Kalmia latifolia</i>	Acid, avg-moist	Part Sun-shade	7-15 ft., slow	Evergreen. White flowers in spring. Mulch well.
Northern Bayberry	<i>Morella pensylvanica</i>	Dry - moist	Full sun-pt. shade	5-8 ft., rapid	Tough plant thrives in all soil types.
Northern Spicebush	<i>Lindera benzoin</i>	Average-moist	Full sun-pt. sun	12 ft., slow	White or yellow flowers in spring, yellow foliage in fall.
Pasture rose	<i>Rosa carolina</i>	Dry - average	Sun-shade	6-12"	Fragrant 2" wide pink flowers.
Red Chokeberry	<i>Aronia arbutifolia</i>	Dry - moist	Part sun-pt. shade	6-10'	Beautiful fall foliage, red fruits.
Redstem Dogwood	<i>Cornus sericea</i>	Average-moist	Full sun	12 ft., moderate	Has bright red stems if pruned in fall. Fall foliage.
Serviceberry	<i>Amelanchier alnifolia</i>	Average-moist	Sun-pt. shade	8-12 ft., moderate	Tasty edible fruit in early summer; easy keeper.
Southern Arrow-wood	<i>Viburnum dentatum</i>	Acid, average	Sun-pt. shade	3-8 ft., slow	White flowers in spring, fall fruit for birds.
Summersweet	<i>Clethra alnifolia</i>	Acid, moist	Full sun-pt. shade	5-8'	Late summer flowers.
Virginia sweetspire	<i>Itea virginica</i>	Moist - average	Full sun-pt shade	3-6'	Long lasting fall color.
Winterberry	<i>Ilex verticillata</i>	Acid, avg-moist	Full sun-pt. sun	6-10 ft., moderate	Evergreen. Need male & female for red berries.

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PERRENIALS					
Black Eyed Susan	<i>Rudbeckia hirta</i>	Average	Full sun	1-2 ft.	Yellow or orange flowers all summer.
Bunchberry Dogwood	<i>Cornus canadensis</i>	Acid, average	Part sun-shade	3-6 inches, slow	Groundcover. White flowers in spring, red berries in fall.
Butterfly Weed	<i>Asclepias tuberosa</i>	Dry-average	Full sun	2 ft.	Orange summer blooms, host to monarch caterpillars.
Cardinal Flower	<i>Lobelia cardinalis</i>	Average-moist	Part sun-pt. shade	3 ft.	Red flowers in summer, attracts hummingbirds.
Christmas Fern	<i>Polystichum acrostichoides</i>	Dry-average	Part sun-shade		Small fern.
Dense Blazing Star	<i>Liatris spicata</i>	Average	Full sun-pt. sun	1-3 ft.	Purple spiked flower in summer.
Eastern Joe Pye Weed	<i>Eupatorium dubium</i>	Moist	Sun-pt. shade	3-4 ft.	Purple flowers in summer, attracts butterflies & birds.
Eastern teaberry	<i>Gaultheria procumbens</i>	Acid, average	Part sun-shade	3-6 inches, moderate	Evergreen groundcover. White flowers in spring, fragrant.
False Sunflower	<i>Heliopsis helianthoides</i>	Dry-moist	Full sun	3-5'	Long blooming, from June to September.
Foam flower	<i>Tiarella cordifolia</i>	Average-moist	Pt. shade-shade	1.5-2'	Soft flowers on a spike from the center of the plant.
Golden tickseed	<i>Coreopsis tinctoria</i>	Average-moist	Sun-pt. sun	1-3 ft.	Yellow tiny daisy-like flowers all summer; can be invasive.
Great Blue Lobelia	<i>Lobelia siphilitica</i>	Moist -wet	Full sun-pt. shade	3 ft.	Beautiful blue flowers, attracts butterflies.
Grey Goldenrod	<i>Solidago nemoralis</i>	Dry, poor	Full sun-pt. shade	2' tall	Showy yellow plumes ideal for dry garden sites.
New England Aster	<i>Aster novae-angliae</i>	Dry - average	Sun-pt. shade	2-6 ft.	Purple flowers late summer. Attracts bees & butterflies.
Pink Tickseed	<i>Coreopsis rosea</i>	Acid, avg-moist	Full sun-pt. shade	18-24 inches	Pink daisy-like summer blooms; can be invasive.
Purple Coneflower	<i>Echinacea purpurea</i>	Average	Full sun	2 ft.	Purple summer blooms, goldfinches love its seeds!
Royal Fern	<i>Osmunda regalis</i>	Average-moist	Shade	6 ft., moderate	Beautiful large fern, has fall color.
Trumpet Honeysuckle	<i>Lonicera sempervirens</i>	Average-moist	Full sun-pt. sun	10-20 ft., rapid	Climbing vine with red or orange blooms in summer.
Wild geranium	<i>Geranium maculatum</i>	Average	Full sun-pt. shade	2'	Low growing mounding plant that spreads easily.
Boneset	<i>Eupatorium perfoliatum</i>	Average-moist	Full sun-shade	3-6'	Flat topped flower clusters that bloom from spring to fall.

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